

Praise for Spiritual Maturity

“So much of what transpires during our formative years affects our perception and understanding about the nature of God and can hinder us from loving him wholeheartedly. By shoring up our spiritual foundations and facing the madness surrounding our lives, we can learn to connect to our Father and love him with our heart, soul, strength, and mind. As the Message version puts it: ‘Love the Lord your God with all your passion and prayer and muscle and intelligence.’ And Cresenda’s book will help you do just that.” —*Vicki Jacoby, Christian Teacher and International Speaker*

“Cresenda Jones is a spiritual powerhouse! Inside this book you can learn to start where you are, to grow in your faith, and, combined with modern techniques, to overcome all that life has thrown at you.” —*C. Mack, HOPE worldwide Board Member, Former President and CEO, Citibank, FSB*

“Cresenda’s book addresses hurts and needs that many Christians share and sometimes hide. These can be healed by God when we are willing to face them with faith and hope as part of our Spiritual regeneration. Freedom from these earthly chains is so worth it!” —*Marcia Lamb, Senior Writer, Disciples Today*

“...a vital tool to enable you to work through, in a God-centered way, the personal pain we all experience through loss, grief, abuse, stilted dreams, or broken relationships.” —*Cynthia “Syntcha” Darby, M.Ed., Licensed Professional Counselor*

“Cresenda Jones has written an insightful and inspiring book that will help people who feel trapped with dysfunctional emotional issues. I highly recommend it.” —*Bill Hooper, Elder, DFW International Church of Christ*

“Spiritual Maturity is a unique book that acknowledges the conflict that many Christians have when they feel burdened and troubled and praying about it does not seem to be working.” —*Kareema Gray, Ph.D., Assistant Professor of Social Work; Director of BSW Program*

“If we are to reach maturity in Christ, we must embrace and embody emotional health. Cresenda humbly and clearly tackles this issue that has been largely overlooked in today’s church.” —*Keith Winship, Minister, Clemson Foothills Church*

“Cresenda provides a look into the reality of what many face today while at the same time bringing hope and direction.” —*Johnny Rivera, Lead Evangelist, Central Jersey Church of Christ*

“Cresenda reveals the importance of taking care of our “spiritual” heart. She shows how God heals our losses and opens us to new beginnings.” —*Sue Folker, Mental Health Counselor and Women’s Ministry Leader, Greater Nashville Church*

“Cresenda Jones’ book, ‘Spiritual Maturity: God’s Will for Emotional Health’ meets a big need in our family of churches. As a 37 year-old disciple, practicing as a Biblical Counselor for over 20 years, I am impressed with her openness and insight into what most folks struggle to overcome. This is a practical book that will speed the healing of many.” —*Steven D. Brand, Psychotherapist*